



Sunshine Coast
Community Services
*Creating a Caring Community
Since 1974*

2015 Annual Report

*The skilled, caring
employees of Sunshine
Coast Community
Services provide warm
support and professional
services to pregnant and
new moms, children,
youth, adults and seniors.*



Together Against Violence

Supporting people whose lives are impacted by all forms of violence and trauma, our programs provide crisis intervention, shelter, affordable housing, counselling, advocacy and non-judgmental emotional and practical support. Trained professional staff assist in clients' recovery, helping to rebuild their lives and help to establish positive connections in the community.

Child Development Services

Family-centred, inclusive programs promote active participation and provide pregnant women, parents, caregivers and children with the support needed to ensure all children have a good start in life. We also provide programs in prevention, intervention and support for families who have children with a developmental delay or diagnosed disability.

Family & Youth Services

Individual and group counselling is provided for families, children, youth, and adults using a collaborative approach, which builds on the client's strengths and helps to develop positive relationships to ensure the client remains at the centre of the work done. Our partner Arrowhead Clubhouse Society also provides programs for adults with mental health challenges.

Community in Action

Our vision is to create a caring community. Through the Food Bank, Better at Home for seniors, the Visitor Information Centre, Welcoming Communities for new immigrants, the Volunteer Centre and our partners like the Community Resource Centre, we provide opportunities for people to help people in our community in very meaningful ways.

Together Against Violence



PROGRAMS

- Yew Transition House
- Women's Outreach Services
- Legal Information Program
- Police-Based Victim Services
- Thyme Second Stage Housing
- Women's Counselling Services
- Community-Based Victim Services
- Sexual Abuse Intervention Program
- Children Who Witness Abuse Counselling

DID YOU KNOW?

In 2014

- 48% of Police-Based Victim Services files were related to domestic violence. There was an 82% increase in referrals to this program over the same time period in the previous year.
- Yew Transition House sheltered 55 women and 31 children, and received 872 calls to its 24 hour access line.
- The Children Who Witness Abuse program supported 13 families.
- 120 people attended the Jackson Katz talk on May 12, 2015 to hear about the 'bystander' model of mentorship to be introduced to our local high schools to help end violence against women in our community.

*"Creating
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TESTIMONIALS

"Your service has been a lifeline. I don't think I could have done this without you."

"I've been searching for someone who could help me with this (custody and access) and now I've found you, and feel like I'm coming out of the circle of being tossed around by different services (and finally getting the help I need)."

"If I hadn't found (this program) I would still be in my house crying and feeling like giving up."

Child Development Services



PROGRAMS

- Kids in Motion
- Infant Development
- Child Minding Services
- Children's Physiotherapy
- Supported Child Development
- Child Care Resource & Referral
- Children's Occupational Therapy
- Early Years Council – Success by 6
- Parent-Tot Drop-In Family Resource Program
- Bellies & Babies Family Resource Program

DID YOU KNOW?

In 2014

- 278 families and 160 pregnant and new mothers were helped through our Parent-Tot Drop-In and Bellies and Babies programs.
- 2,900 referrals were provided to families through the Child Care Resource and Referral program.
- Supported Child and Infant Development carried over 160 cases.
- Occupational and Physiotherapy therapists carried over 150 cases.

TESTIMONIALS

"I have so appreciated being able to access the baby clothes and diapers, especially when money was an issue for us."

"Being a newcomer to Canada, attending the Drop-In has been the most important single step in easing my family's transition in our new community."

Family & Youth Services



PROGRAMS

- Youth in Transition
- Home Share Program
- Circle of Support (FASD)
- Family Support Services
- Youth Outreach Program
- Special Services to Children
- Child & Youth Care Intervention
- Aboriginal Families Pulling Together
- Family Preservation and Reunification
- Arrowhead Clubhouse Society and Legacy Housing

DID YOU KNOW?

In 2014

- 1632 youth were served with 453.5 hours of direct service.
- 454 hours of individualized intervention took place.
- 200 families were served.
- 87 safe rides home were provided for youth.
- Arrowhead Clubhouse Society provides programs for life skills that support self-efficacy for adults with mental health challenges.

TESTIMONIALS

“A mother with mental health problems, poverty and a significantly traumatic history had both her children removed from her care. Initially mandated to work with one of our counsellors, she was very resistant.”

“Over time she came to trust and respect the counsellor, and through the process her life was totally transformed. She found stability in her life, returned to work, maintained housing and had her children returned to her care.”

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Since 1974”*

Community in Action



PROGRAMS

- Sunshine Coast Food Bank
- Volunteer Centre
- Community Gardens
- Visitor Information Centre
- Better at Home for seniors
- Community Treasures Thrift Shop
- Welcoming Communities for new immigrants

DID YOU KNOW?

In 2014

- 1/3 of SC Food Bank clients were children and an increasing number of clients were over 60.
- Volunteers distributed 12,123 bags of food, an average of 1,011 bags per month.
- Over 14,000 visitors pass through our Visitor Centre annually.
- From July - September 2014 - 3741 people visited the Volunteer Opportunities web page and 384 volunteer positions were promoted.
- The Better at Home program, in its third year, has provided clients with 967 friendly visits, made 947 trips to the grocery store or local appointments, and has contributed 2,871 volunteer hours to help seniors to date.

TESTIMONIALS

“The Better at Home program has made an enormous difference to me. Having someone come and visit, and occasionally drive me to the store or my doctor’s appointment is a godsend.”

“The Better at Home program is very important to me because I like my independence. I think a lot of seniors need this type of help and appreciate it.”

IT'S LIKE BEING A 'SECRET SANTA'...

as donations to Sunshine Coast Community Services flow out through our programs in ways that might surprise the giver, as well as the recipient. Take 'Jake', for example: he could be any of a number of elderly gentlemen you see around town, but although he is neatly dressed, his daily reality is more challenging than you might think. "I had not eaten for three days," he commented on a recent visit to the Sunshine Coast Food Bank, "and I was embarrassed to come to the Food Bank – but your volunteers have been so kind and welcoming."

The Food Bank relies on donations of food and money to provide local residents with basic nutritional needs, just as our many other programs and services rely on individual donations to provide the important extras – large and small – beyond the basic program costs covered by governmental funding. We count on our community to invest their generosity in us. It's an investment that pays real dividends for little ones guided towards their full potential through infant and child development programs; teens finding a listening ear and sound advice at a pivotal point in their lives; women of any age who find the help they need to avoid or escape violence; and seniors supported in maintaining the independence they treasure. Truly, this is what a caring community is all about.

On behalf of our Board of Directors, I would like to thank our dedicated employees and volunteers; the funders and donors who support and enhance our programs and services; and our partnering agencies, whose collaboration helps strengthen our community in so many ways.



Helen Carkner
Board President

SUNSHINE COAST COMMUNITY SERVICES SOCIETY

Statement of Operations for the year ended March 31, 2015

	2015	2014
REVENUES		
Provincial Grants	\$2,400,515	\$2,446,622
Federal Grants	40,000	40,000
Donations	363,341	338,496
Federal & Provincial Housing Grants	868,627	804,378
Local Government	249,203	212,028
Grants from Other Charities & Societies	348,278	291,605
Fundraising and Sales	139,669	168,465
Other Income	331,373	202,294
TOTAL REVENUES	4,741,006	4,503,888
EXPENDITURES		
Administrative expenses	204,743	210,406
Salaries and Wages	3,333,722	3,066,348
Programs and Services	904,827	909,637
Facilities Expenses	202,066	179,554
Fundraising Expenses	38,032	47,775
Interest on long term debt	52,023	52,928
Amortization	72,590	71,710
TOTAL EXPENDITURES	4,808,003	4,538,358
Net Income (Loss)	\$(66,997)	\$(34,470)

Statement of Financial Position as at March 31, 2015

	2015	2014
ASSETS		
Current:		
Cash and Cash equivalents	\$ 694,091	\$ 939,589
Accounts Receivable and GST/HST receivable	175,265	195,805
Prepaid Expenses and Deposits	44,757	30,013
	914,113	1,165,407
Property, Equipment and Capital Lease	2,601,721	2,204,985
	\$ 3,515,834	\$ 3,370,392
LIABILITIES AND NET ASSETS		
Current:		
Accounts payable and accrued liabilities	98,909	104,371
Accrued Payroll Liabilities	288,654	316,486
Unearned Revenue	191,093	109,219
Current portion of long-term debt	57,169	51,497
	635,825	581,573
Long-term debt and capital lease payable	1,292,421	1,134,233
	1,928,246	1,715,806
Net Assets		
Externally restricted	128,301	109,971
Internally restricted	207,156	549,072
Invested in property and equipment	1,252,131	1,017,762
Unrestricted		(22,219)
	1,587,588	1,654,586
	\$ 3,515,834	\$ 3,370,392



Community
Resource Centre



THERE ARE MANY WAYS TO SUPPORT OUR WORK:

- Become a regular monthly donor
- Remember us in your will
- Volunteer within our programs and services
- Donate gently used goods or clothing to our Thrift Store
- Sign up for our **E-NEWS**letter

*Contact us today to find
out how we can be of
help to you or someone
in your family.*

CONTACT US NOW TO FIND OUT MORE!

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