

“Dear Coastal Neighbour”

Not sure what to write? Here's a few samples to spark your imagination!

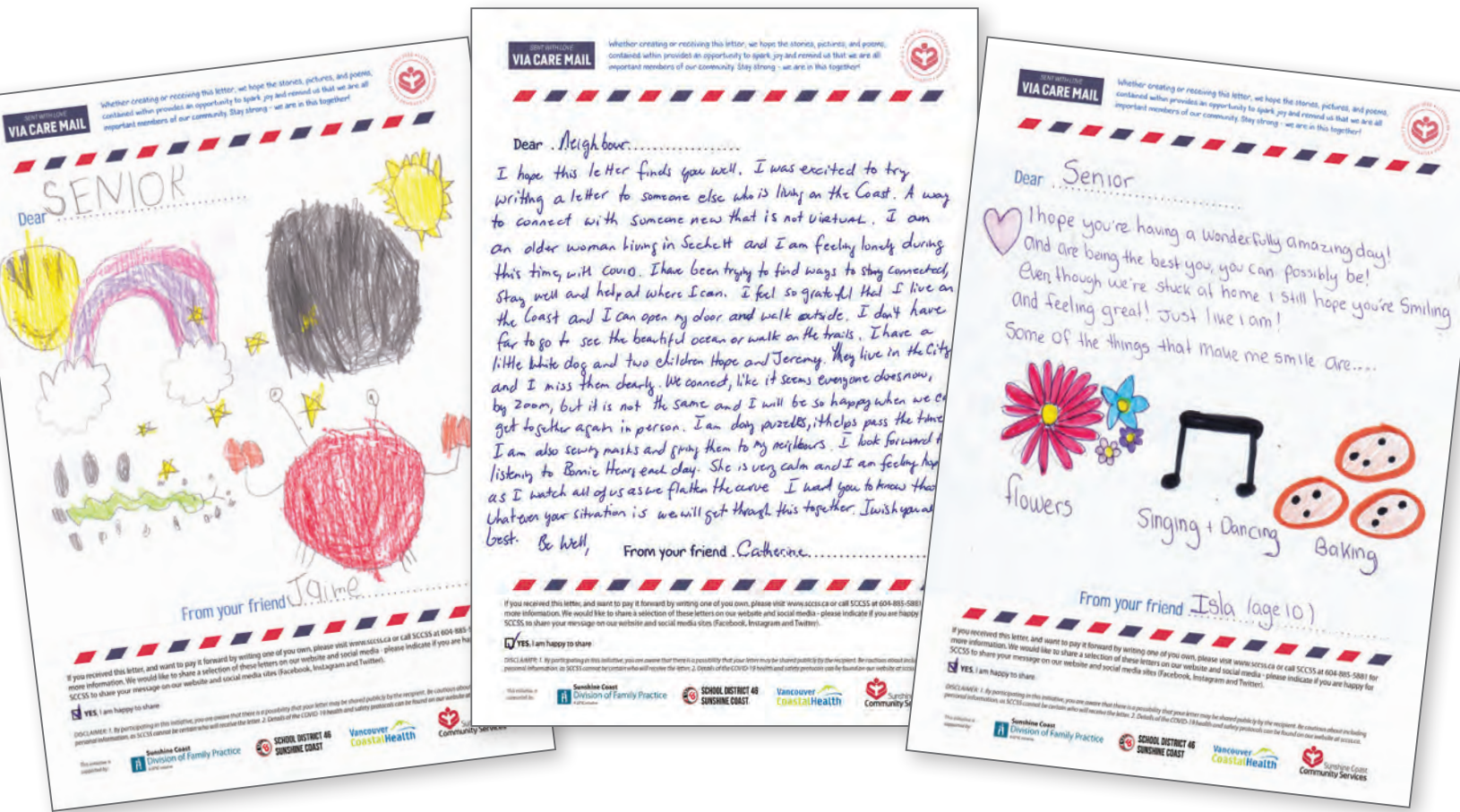
A few things to keep in mind are:

- Be kind and thoughtful
- Try to use legible handwriting
- Be creative and most of all - have fun!

Not sure who to write to? Focus your letter on a specific group you feel compelled to communicate with. For example:

Seniors - Frontline Workers - Children & Youth - New Mums

or, just write a general letter to **Dear Neighbour** - the choice and opportunity are yours!



Do you know somebody who would like to receive a letter?

Please get in touch and let us know! Call us on 604-885-5881 or email reception@sccss.ca with **Dear Coastal Neighbour** in the subject line and we will do our best to get them a letter. For more information about this community initiative and to download our toolkit visit our website at sccss.ca

DISCLAIMER: 1. By participating in this initiative, you are aware that there is a possibility that your letter may be shared publicly by the recipient. Be cautious about including personal information, as SCCSS cannot be certain who will receive the letter. 2. Details of the COVID-19 health and safety protocols can be found on our website at sccss.ca.

This initiative is supported by:



SENT WITH LOVE
VIA CARE MAIL

Whether creating or receiving this letter, we hope the stories, pictures, and poems, contained within provides an opportunity to spark joy and remind us that we are all important members of our community. Stay strong - we are in this together!



Dear . Neighbour.....

I hope this letter finds you well. I was excited to try writing a letter to someone else who is living on the Coast. A way to connect with someone new that is not virtual. I am an older woman living in Sechelt and I am feeling lonely during this time, with covid. I have been trying to find ways to stay connected, stay well and help at where I can. I feel so grateful that I live on the Coast and I can open my door and walk outside. I don't have far to go to see the beautiful ocean or walk on the trails. I have a little white dog and two children Hope and Jeremy. They live in the City and I miss them dearly. We connect, like it seems everyone does now, by zoom, but it is not the same and I will be so happy when we can get together again in person. I am doing puzzles, it helps pass the time. I am also sewing masks and giving them to my neighbours. I look forward to listening to Bonnie Henry each day. She is very calm and I am feeling hopeful as I watch all of us as we flatten the curve. I want you to know that whatever your situation is we will get through this together. I wish you all the best. Be well,

From your friend . Catherine.....



If you received this letter, and want to pay it forward by writing one of your own, please visit www.sccss.ca or call SCCSS at 604-885-5881 for more information. We would like to share a selection of these letters on our website and social media - please indicate if you are happy for SCCSS to share your message on our website and social media sites (Facebook, Instagram and Twitter).

YES, I am happy to share

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Dear Senior

 I hope you're having a wonderfully amazing day!
And are being the best you, you can possibly be!
Even though we're stuck at home I still hope you're smiling
and feeling great! Just like I am!
Some of the things that make me smile are....



flowers



Singing + Dancing



Baking

From your friend Isla (age 10)

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Dear **SENIOR**



From your friend **Jaime**

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